



Michael Hite case study

Michael joined Building Better Opportunities in October 17 as part of our 2nd year intake of participants. Michael came across as a quiet and reserved person who was quite happy to listen to others talk and then add his own opinion, knowledge or experiences to the conversation at a later time. Michael said being involved in a conversation was something he found difficult to do due to his lack of self-confidence.

Over time, Michael has integrated well into the group becoming more confident around talking to others about his life, how he lives and problems he faces on a daily basis due to his physical condition. Michael also took part in staffing a stall of handmade products at FACET in which he helped to set up the stall, talk to customers about the products, handle money and pack away at the end of the day. Michael also travels independently by bus to access another group and to buy his shopping.

As part of his support around problems he faces through living independently, Michael has put together a week planner and questionnaire and through BBO arranged a meeting with Social Services around his future needs.

Michael had also requested to learn more around using I.T as he has not had the opportunity beforehand and likes to write everything down. BBO has supported Michael to use the laptops, iPads and computer to type, add pictures and print work for his Gateway

coursework and to type his week planner. Michael has achieved an entry level 2 Qualification in Enterprise, his first qualification.

Michael discussed from the start he would like to get himself a part time job but through his lack of confidence and physical condition did not feel he would be able achieve this. Michael has been supported to look into the type of work he would be capable of doing and has approached a number of charities close to home and has brought back application forms which he has been supported to complete. Again, Michael discussed he would like something at the back of shop due to his lack of confidence in talking to others. Michael has also been supported to gain work experience at the community connections shop run by FACET in Whittlesey and to complete a C.V.

Michael also said he always wanted to book a trip to visit Hunstanton but did not know how to. With support, Michael booked a trip there through a day trip with the Rosmini centre.

Michael finally became confident enough to complete an application form for Scope and then deliver it in person. He is looking to have a taster day which could lead to a voluntary position in the future.

Michael has embraced the project and has grown in self-confidence over the time and with continued support will gain more skills through voluntary employment and living independently.

Has being part of the project made any difference to your life?

I learn quite a lot about go for job interview and build up my confident as I have never been like that all my work life. Hopefully it will get me through next four year at scope. I come to this college and learn, talked a bit more I am still learn about me and other people like me

What did you think of the support you received from the project?

it been good support, two teachers to four or five students. I'm not very good at opening up about my feelings but good support for everybody. I am bit of a nervous shy person but really enjoy doing the qualification without pressure. that would have helped me at schools. I am still learning about words and other people. I would not have had the courage to go for an interview, I would have runaway or ask my parents to go in my place.

They said at big school when I come out of my shell I would come out with lot more confidence but that never happen. It has come out a bit more here at FACET college. thank you and I remember you.

